

## PAIN CONTROL

Tylenol = Acetaminophen = Q-pap

Motrin = Ibuprofen = Advil

Lortab = Norco = Hydrocodone/Acetaminophen

○ **ALTERNATING TYLENOL AND MOTRIN**

Medication :	For example:	Time:	Time:
Motrin	9:00am		
Tylenol	12:00pm		
Motrin	3:00pm		
Tylenol	6:00pm		
Motrin	9:00pm		
Tylenol	12:00am		

\*If you have been given Lortab and you or your child's pain is not controlled by Tylenol and Motrin, you can use Lortab as a substitute for Tylenol, but NOT in addition to Tylenol\*

○ **ALTERNATING LORTAB AND MOTRIN- to be given as needed for pain**

Medication:	Lortab every 6 hours:	Time:	Time:
Motrin	9:00am		
Lortab	12:00pm		
Motrin	3:00pm		
Lortab	6:00pm		
Motrin	9:00pm		
Lortab	12:00am		

\*While taking Lortab, you need to closely observe your child/adult for

**RESPIRATORY DEPRESSION**

- Difficulty to arouse or stimulate
- Shallow breathing or changes in normal breathing
- Confusion or altered mental status

**NOTIFY YOUR PHYSICIAN IMMEDIATELY IF ANY OF THESE OCCUR**

I have been informed of my prescription medications

\_\_\_\_\_  
Person Receiving Instructions

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Nurse