CHARLESTON ENT ASSOCIATES, L.L.C. / SURGERY CENTER OF CHARLESTON
1849 Savage Road, Charleston, SC 29407

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CHILD IV PRE-OPERATIVE INSTRUCTIONS

Due to circumstances beyond our control, surgery time is determined by the surgery facility the business day before surgery. You will receive a call from the Surgery Center Nurse, so please be sure we have the correct phone number to reach you. If you are having surgery at the Surgery Center of Charleston and you do not receive a call before 4PM the business day before surgery, please call the Surgery Center of Charleston at 576-2600. Please read and follow all instructions below.

Name:_____ **Date of Surgery:**_____

WHO SHOULD BRING YOU

You must have someone remain at the surgery center while you are in surgery.
CHILDREN-Limit the number of family members/friends that accompany to 2 persons.
Do not bring children unless they are having surgery.
Children that are not having surgery are not allowed in recovery room due to the sensitive nature and privacy of other patients.
Your child must have someone stay with them over night after the surgery.
Parents of infants or toddlers, please bring a bottle or cup for juice for after surgery and a favorite comfort item (blanket, teddy bear, etc.)

MEDICATION **Do not take Aspirin, Motrin, ibuprofen product, vitamin E, all herbals (fish oil, St. John's Wort, etc.) or other anti inflammatory medications 10 days prior to surgery.**
Your child may take Tylenol if needed.
If you have opted to have your prescriptions filled at the Surgery Center, then your prescriptions will be available to you or a member of your family prior to leaving the facility.

DIET **The Surgery Center will give you specific diet instructions for your child when they call you preoperatively.**
Up to 4 hours prior to your arrival time your child may have breast milk, and clear liquids (water, jello you can see through, apple juice, sprite, 7up, gingerale.
Your child may brush your teeth in the morning but do not swallow any water.
If the patient has anything to eat or drink after the time the surgery center instructs your child to stop eating/drinking, the surgery will be cancelled.
No formula for 6 hours prior to surgery.

HOW TO DRESS

Do not wear jewelry, contact lenses, cosmetics, eye make up, or lotions, the day of the surgery, this includes earrings.
Wear comfortable/loose-fitting clothing, no jeans or clothing with zippers
Pajamas or sweats that are footless socks, shoes, and slippers that can be removed are ok.

WHAT TO EXPECT

After checking in, you and your child will be brought to a holding room where the nurse will prepare your child for the procedure. Your physician and anesthesiologist will come in to answer any final questions. Your child will then be taken into the procedure room. Your child will breathe anesthetic gas and go to sleep. Once asleep an IV is placed, so there is no emotional trauma. The procedure is preformed and then your child is transferred to the recovery room. We bring the parents back into the recovery room to be with your child promptly. At this point we give your child some liquids and a Popsicle and ensure their pain is well controlled. It is during this period your child is likely fussy and crying while the anesthesia wears off- it may take several hours to possibly the whole operative day for the entire anesthetic to wear off completely. The nurse will review postoperative care and medication instructions with you. Once your child is awake and drinking appropriately, we will let you take them home.

If you develop fever, coughs, or other viral symptoms prior to your surgery, please contact the Surgery Center (843) 576-2600.

Patient/Parent/Legal Guardian Signature	**Pre-op phone call number/s**	**Date**
Relationship to Patient	**Alternate Pre-op phone call number/s**	